School Counseling Plan

Revised September 2024



**1620 Hyde Park Blvd.**

**Niagara Falls, NY 14305**

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**Hyde Park Elementary Grades Pre-K – 6th**

**Direct Student Services**

**School Counselor Core Curriculum**

* + The School Counselor meets monthly with each classroom to teach lessons that will help students be successful in and out of the school environment and provide all students with the knowledge and skills appropriate for their developmental level.

**Individual Counseling**

* + School Counselors meet one on one with students to develop goals and deal with issues that he/she may have so that they can be successful in the classroom.

**Group Counseling**

* + School Counselors work with small groups to address and work on shared or similar needs.

**Character Education**

* + School Counselors will address/teach character education to enhance students’ ability to be well-rounded students.

**Topics may include but are not limited to:**

* + Anger management
  + Coping skills
  + Friendship skills
  + Hygiene
  + Grief/loss
  + Good touch/bad touch
  + Internet safety
  + Mindfulness
  + Social Skills
  + Character education
  + Career awareness
  + Feelings
  + Decision making
  + Positive choices
  + Study/organizational skills
  + Bullying
  + Dignity Act
  + Digital Citizenship
  + Self-awareness
  + Acceptance of self and others
  + Safety
  + Internet Safety

**Responsive Services**

**Individual Counseling**

* + School Counselors work directly with students, families and support staff on deescalating or dealing with personal issues that arise both in school and in their personal lives that prevent them from being academically and/or socially/emotionally successful.

**Small Groups**

* + School Counselors include all parties that are involved in a crisis to deescalate, foster sharing, differentiate between each other's perceptions, and provide support.

**Crisis Response**

* + School Counselors provide prevention and interventions. This counseling is short term in nature addressing a particular student issue.
  + School Counselors, as mandated reporters, will hotline any suspected risk or concern.
  + School Counselors will assist with CPS, Law Guardians, Truancy Officers, and other community outside agencies on an as needed basis.
  + School Counselors call and work with Crisis Services for students and families that are in crisis.

**Home visits**

* + School counselors, with the assistance of another staff member, will conduct home visits on an as needed basis.

**System Support Services**

**Referrals to and liaisons for Community Agencies**

* + Refer out for mental health counseling
  + Meet with CPS
  + Meet with law guardians
  + Refer families to agencies for domestic violence, food, clothing, shelter and help
  + Work with community agencies in the building ie. Berkshire, Gateway, Focus on Families, Northpointe Council
  + Work with community agencies outside the building ie. Food Bank, holiday help, Shop with a Cop

**Student Support Team Member**

* + Attend meetings ie. START, support team meetings
  + Offer information for referred students as needed

**CSE/504 Team Member**

* + Attend meetings as needed
  + Contribute and assist in plan when needed
  + IEP Counseling

**Attendance Team Member**

* + Attend meetings
  + Share information and data
  + Every Day Labs
  + Fulfill team duty which could include making phone calls, monitor attendance, send letters, conduct home visits, set up parent meetings, refer to truancy officer and facilitate CPS calls if necessary.

**Assist with or create behavior plans**

* + Assist with creating Tier 2 plan for behavior issues, as needed, using two behaviors and what the desired outcomes would be.

**Goal 1:** Provide students with access to supports that promote positive social-emotional learning and strategies for good mental health.

**Target Population: All students Grades Pre-K to 6**

**Expected Outcomes:**

* Students will understand available resources and how to utilize them.
* Students will learn how to self-monitor, know when to ask for help and work toward solving his/her own problems.
* Students will accept and respect their own uniqueness and others as a result of learning, growth, and individual, group and classroom lessons and meetings.

**Evaluation:**

* Completion of individual goals.
* Counseling log
* If applicable: increased compliance with Tier 2 behavior plans.
* End of the year district survey.
* Counseling core curriculum lesson calendar with a variety of topics.

**Hyde Park Elementary School PK-6**

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| **ACTIVITIES** | **TARGET GROUP/**  **SUBGROUP** | **STAFF ASSIGNED** | **OTHER RESOURCES ASSIGNED** | **DATES OF ACTIVITY** |
| Meet the counselor Introductory lesson | All students | School Counselor | Dean of Students | September |
| Core Curriculum  Classroom lessons | All students | School Counselor | Variety of lessons and literature | Monthly |
| Individual counseling | IEP students,  Students referred (Administration, teacher, parent/ guardian, student) | School Counselor | School Counselor Interns | September-June |
| Small group  counseling | IEP students,  Students referred (Administration, teacher, parent/ guardian, student) | School Counselor | School Counselor Interns | September -June |
| Student Support Team Meeting | Referred students | Anyone from the Student Support team (PSA, Psychologist, School Counselor, Principal, Assistant Principal, Dean, Nurse) | Berkshire Farms Family Specialist, Gateway Longview Mental Health Counselor | September-June |
| Liaison with outside community and agencies | Students and families in need | School Counselor  Dean | Mental Health Association of Erie County – BEST (Basic Emotional and Social Training) Program, | September-June |
| Home Visits | Students in need | School Counselor  Dean  Classroom Teacher | Truancy Officer | \*As Needed |
| Celebrations | All Students | School Wide Staff | Parents | September - June |
| Conferences | Students in need | Classroom Teacher,  Psychologist, School Counselor, Administration | Various staff involved | September-June |
| Tier 2 Intervention Plans | Students in Need | School Counselor  Student Support Team | Teacher, School  Psychologist and staff, assessment data | September-June |
| Promotion of Services Offered & Parental/Guardian best practices | All Students & School Community | School Counselor, Dean | School Counselor  Community based organizations | September-June |

**Goal 2:** Provide the necessary resources and supports for all students to attend school regularly and to ensure that all students have equitable access to all school programs.

**Target Population:** **All students Grades Pre-K to 6**

**Expected Outcomes**

* Students and parents/guardians will acknowledge that educational success depends on regular attendance.
* Student attendance rates will improve.
* Success in the classroom and school environment.

**Evaluation:**

* Student attendance records.
* Increased student participation in school activities both during and after school.
* Counseling core curriculum lesson calendar with a variety of topics.

**PK-6 Completed at all district elementary schools**

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| **ACTIVITIES** | **TARGET GROUP/**  **SUBGROUP** | **STAFF ASSIGNED** | **OTHER RESOURCES ASSIGNED** | **DATES OF ACTIVITY** |
| Core Curriculum  Classroom lessons | All students | School Counselor | Various | September-June |
| Family Engagement:  Guardian Contacts | Students who miss more than 10% of school | Classroom Teacher  School Counselor,  PSA  Administrator | Phone calls  Letters  CPS  Home visits  Truancy Officer  Log | September-June |
| Attendance Team Meetings | All students | Administration, School Counselors, | Various | September-June |
| Attendance Celebrations | Students who meet criteria | School Counselor, Dean, Administration | All other Student Support Team Members | September-June |
| Home Visits | Students in need | School Counselor | Truancy Officer/ Dean | \*As Needed |

**Goal 3:** To create a positive learning environment that promotes long-term academic and career success.

**Target Population:** **All students Grades Pre-K to 6**

**Expected Outcomes:**

* Students in Pre-K to 6 will have the ability to set short and long-term goals.
* Students in grade 6 will have an idea of future career goals.
* Students in grade 6 will be orientated into what they can expect for Prep school.

**Evaluation:**

* Completion of individual goals for 6th graders.
* Counseling core curriculum lesson calendar with a variety of topics.

**PK-6 completed at all elementary schools**

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| **ACTIVITIES** | **TARGET GROUP/**  **SUBGROUP** | **STAFF ASSIGNED** | **OTHER RESOURCES ASSIGNED** | **DATES OF ACTIVITY** |
| Individual meeting with all 6th grade students | 6th Graders | School Counselors | Interest inventory, career zone, social/emotional, academic goals and workshop | September- October or as students enter school |
| Individual, Group or Core Curriculum  Classroom Lessons  Second Step | All students | School Counselors | Variety of lessons and literature around goals,  Interests,  career development,  mindfulness,  coping strategies,  organizational skills, and  social skills. | September-June |
| Transitional workshop for 6th graders | 6th grade students | School Counselors | Prep School Counselors and Teachers | May-June |