April 28th, 2020

Hi 1st Grade Friends,
How are you? I’ve been having some trouble at home this week. My Mom had to remind me to be a Peacemaker a lot. Mom told me everyone makes mistakes and that’s okay. She asked me to think about what Peacemakers do to solve their problems. I remembered that I have lots of 1st Grade peacemakers to ask for help. Can you help me out? Do you remember how peacemakers solve their problems? That’s right!

- Ask yourself, what is the problem?
- What are my choices?
- What are the consequences and feelings for each choice?
- Make the best choice.

Here is the problem that I have been having. My little brother always wants to play the same video game as me! Here are my choices; A) yell at him and tell him to go away B) fight over the controller C) take a deep breath and ask him if we can take turns D) ask Mom if she can help us.

What are the consequences if we fight and yell at each other? You’re right. We might break the controller and we would probably get in trouble. What is our best choice? Yes! We could ask Mom for help but we know the best choice would be to take a big deep breath and take turns. Thank you for helping me, friends!

You helped me remember that peacemakers always Stop And Think! After I took a deep breath, I thought about how much more fun I have when we play video games together. It’s going to be a rainy week. My family loves to watch this video about having fun at home. I hope you like it!
https://www.youtube.com/watch?v=YURptlDafJt
-Carmen