



Henry J. Kalfas Magnet School

Working. learning. achieving & succeeding together...

COUNSELING PLAN September 2019

Miss. Jenna Brick, School Social Worker
Mrs. Rebecca Tantillo, School Counselor
Ms. Michelle Hudson. School Counselor

COUNSELING CENTER VISION

To provide a child-centered, stimulating and culturally diverse environment which fosters the development of lifetime productive learners. The Counseling Center is here to aid in the growth of children physically and emotionally integrating a variety of resources, which are available to help ensure safety in schools and healthy students.

COUNSELING CENTER GOALS

Kalfas Elementary Students will be provided with assistance and support in the areas of: academics, personal, social issues and beginning an understanding of opportunities for future education/employment as aligned with the NYS Standards. We will assist in promoting healthy childhood development within our students.

COUNSELING CENTER ROLES

The School Counselor and School Social Worker will create opportunities for students to be successful that align with the mission and goals of the school through individual and group counseling, consultation, coordination, advocacy and assisting / serving as a parent and community liaison.

Distribution of Total School Counseling Center Time

Delivery System Component	Percentage of Time Allocated
Responsive Student Services	50%
Counseling Curriculum	20%
Direction of Student Services	20%
System Support	10%

Goal 1: Provide students with access to supports that promote positive social-emotional learning and strategies for good mental health.

Target Population: All students Grades Pre-K to 6.

Expected Outcomes:

- Students will understand available resources and how to utilize them.
- Students will learn how to self-monitor, know when to ask for help and work toward solving his/her own problems.
- Students will accept and respect their own uniqueness and others as a result of learning, growth, and individual, group and classroom lessons and meetings.

Evaluation:

- Completion of individual goals.
- Counseling log
- If applicable: increased compliance with Tier 2 behavior plans.
- End of the year district survey.
- Counseling core curriculum lesson calendar with a variety of topics.

PK-6 Completed at all District Elementary Schools

ACTIVITIES	TARGET	STAFF	RESOURCES	DATES
Meet the counselor ~ Introductory lesson	All students	School Counselors School Social Worker	Student need surveys	September
Open House	All Students and Parents	School Counselors School Social Worker	Psychoeducation (attendance, trauma, coping skills) Resources	September
Core Curriculum Classroom lessons	All students	School Counselors School Social Worker	Second step, variety of lessons/ literature	Monthly

ACTIVITIES	TARGET	STAFF	RESOURCES	DATES
Classroom Observations	Students in Need	School Counselors School Social Worker	FBA CSE Documentations, Assessments, Teacher v. Student Engagement Student v. Peer Engagement	September - June
Individual counseling	Red Flag Students Students referred (Administration, teacher, parent/guardian, student)	School Counselors School Social Worker	Best-Practices-Literature Tools/Resources-toys, games, books, worksheets	September-June
Crisis Response	Students in need	School Counselors School Social Worker	Safety Planning, Calming Tools (Sensory) Check-ins, Community Involvement (Crisis Services)	September - June
Conflict Resolution / De-Escalating Student Behavior	Students in need	School Counselors School Social Worker	Circles, Restorative Practices, Group Service Projects	September - June
Small group counseling	Red Flag Students Students referred (Administration, teacher, parent/guardian, student)	School Counselors School Social Worker	Best-Practices-Literature Tools/Resources Games, Teambuilding exercises	September –June
Large Group Counseling with Parent Engagement	Red Flag Targeted 3 rd Graders	Gym Teacher School Social Worker School Counselors, Dean	Gym class/social emotional skills Classroom Dojo to connect and involve parents	September - June
Student Support Team Meeting-START	Referred students	Student Support Team (PSA, Psychologist, School Counselors, Social Worker, Principal, Ast Principal, Dean, Nurse, ENL staff, PEP Staff)	Documentation Assessments	September-June

ACTIVITIES	TARGET	STAFF	RESOURCES	DATES
Liaison with outside community and agencies	Students and families in need	School Counselors Social Worker Dean	Gateway, Health Homes, Dr. Kelly Coleman, Community Mission	September-June
Home Visits	Students in need	Social Worker School Counselors Dean Classroom Teacher	Truancy Officer	*As Needed
Celebrations- Star Students Monthly Attendance Cultural	All Students	School Wide Staff	Parents Certificates Rewards/Prizes	September – June
Conferences	Students in need	Classroom Teacher Psychologist Social Worker School Counselors Administration	Intervention plans	September-June
Tier 2 Intervention Plans	Students in Need	School Counselors Student Support Team Teacher, School Psychologist and staff, assessment data	Documentation Assessments	September-June
Promotion of Services Offered & Parental/Guardian best practices	All Students & School Community	School Counselors Social Worker Dean	Community based organizations	September-June

Goal 2: Provide the necessary resources and supports for all students to attend school regularly and to ensure that all students have equitable access to all school programs.

Target Population: All students Grades Pre-K to 6.

Expected Outcomes

- Students and parents/guardians will acknowledge that educational success depends on regular attendance.
- Student attendance rates will improve.
- Success in the classroom and school environment.

Evaluation:

- Student attendance records.
- Increased student participation in school activities both during and after school.
- Counseling core curriculum lesson calendar with a variety of topics.

PK-6 Completed at all district elementary schools

ACTIVITIES	TARGET	STAFF	RESOURCES	DATES
Core Curriculum Classroom lessons	All students Tier 1	School Counselors School Social Worker	Various	September-June
Newsletter, Social Media, Remind and Class Dojo	Tier 1	Secretary, Web Master, Teachers, Administration		Monthly/As needed
Bulletin Boards	Tier 1	School Social Worker		Monthly
Attendance Incentives	Tier 1	Social Culture Committee School Social Worker	School Index	Weekly or Monthly
After-School Clubs	Tier 1	After-School Building Coordinator	Site Coordinator Grant	3-5 times a week
Phone Calls and Letters	Tier 2	Teachers Administration School Social Worker		As needed
Parent Meetings	Tier 2	School Social Worker		As needed
Lunch Bunch Groups	Tier 2 and 3	School Social Worker	Circles, Games, Activities	Weekly October – June
Attendance Checks	Tier 2 and 3	School Social Worker	Trackers	As needed
Attendance Team Meetings- START	Tier 2 and 3	Administration School Counselors School Social Worker PSA, Teachers	Various- Attendance logs, records, intervention plans	September-June
Home Visits	Tier 2 and 3	School Social Worker School Counselors Dean	Truancy Officer	September-June
CPS and PINS	Tier 3	School Social Worker and Administration		As Needed

ACTIVITIES	TARGET	STAFF	RESOURCES	DATES
Linkage to Gateway, Tree of Life and Outside Agencies	Tier 3	START Team, School Counselors School Social Worker		As Needed
Truancy Officer for Transportation	Tier 3	Truancy Officer School Social Worker		As Needed

Goal 3: To create a positive learning environment that promotes long-term academic and career success.

Target Population: All students Grades Pre-K to 6.

Expected Outcomes:

- Students in Pre-K to 6 will have the ability to set short and long-term goals.
- Students in grade 6 will have an idea of future career goals.
- Students in grade 6 will be orientated into what they can expect for Prep school.

Evaluation:

- Completion of individual goals for 6th graders.
- Counseling core curriculum lesson calendar with a variety of topics.

PK-6 completed at all elementary schools

ACTIVITIES	TARGET	STAFF	RESOURCES	DATES
Individual meeting with all 6 th grade students	6 th Graders	School Counselor	Interest inventory, career zone, social/emotional, academic goals and workshop	September-October or as students enter school
Individual, Group or Core Curriculum Classroom Lessons	All students	School Counselor School Social Worker	Variety of lessons and literature around goals, Interests, career development, mindfulness, coping strategies, organizational skills, and social skills.	September-June
Transitional workshop for 6 th graders	6 th grade students	School Counselor	Orientation outline, handouts	May-June

ONGOING SERVICE DESCRIPTIONS

Core Curriculum Classroom lessons

- Survey student needs and interests to design specific lessons for that grade level
- Help students be successful in and out of the school environment
- Provide students with knowledge and skills

Classroom Observations

- Observe interactions within the classroom
- Provide feedback/techniques to teachers based on students' needs
- Conduct sessions with students based on observations/needs

Individual Counseling

- Helps students discover and develop strengths
- Help students cope with feelings
- Help student's problem solve and use decision making skills
- Teach leadership skills and positive character traits
- Help students excel to the best of their ability
- Enhance peer relationships
- Behavior modification
- Self- image and self- esteem
- Effective social skills
- Help with Anger Management

Crisis Counseling

- Assisting students with immediate, short term support
- Helping students with mental, physical, and behavioral distress find coping skills to deal with their situation.

Conflict Resolution / De-Escalating Student Behavior

The goal in a confrontation is to avoid the power struggle in a respectful way while students learn concept and strategies to help keep them in control of their words and body.

- Assisting students in learning ways to act not react.
- Modeling positive listening skills and non –aggressive behaviors
- Getting students to understand the power of the tongue.

- Understanding what they say and how they say it.
- Allowing student to find a common ground.

Group Counseling

- Working with peers who share common concerns, issues and self -image
- Assist students in developing and fostering relationship skills
- Increase Coping skills, self- worth and self –esteem
- Help students develop tools they can use in conflict to create better decision making skill and positive resolutions

START

- A universal systematic District intervention model that assists and supports students and teachers in addressing academic, attendance, emotional, social and behavioral needs.

Liaison with outside community and agencies

- Partnerships with community services to further reach family's needs, additional supports
- School will continue to locate, reach out to and build a strong relationship with local agencies

Home Visits

- Helps to build a strong partnership between school and family
- See students in the home setting
- Allow for student and families to feel more comfortable in their home environment

Celebrations

- Star student assemblies allow for students to be recognized and parents are invited into the school
- Monthly, the grade with the best attendance will be recognized and the student with the best attendance
- Cultural celebrations to recognize different traditions and customs will be determined by the Dean of students

Conferences

- Interdisciplinary team will meet with parents to discuss concerns, student's progress and goals

Tier 2 Intervention Plans

- Students in need of additional supports, interventions are put into place at this level to help with academics, attendance, social-emotional and behavioral needs.

Promotion of Services Offered & Parental/Guardian best practices

- Psychoeducation- educating parents
- Providing resources

Lunch Bunch

- Small group of students who eat lunch while enhancing social skills, friendship, the importance of school attendance, and/or conflict resolution.

Family Engagement: Guardian Contacts

- Designing and implementing plans, parent is involved with designing plan

Attendance

- Track attendance, regular communication with parents, identify barriers to school attendance, and promote importance of school attendance

Transitional workshop for 6th graders

- Counselors from elementary and prep team up to provide an orientation for 6th graders
- Example: Schedules, lockers, policies (Question/Answer)

DASA - Dignity for All Students Act

- The goal of the Dignity Act is to ensure that each and every student be provided the opportunity to learn in an environment free from harassment, discrimination, bullying and intimidation.

Description of Coordinator Role – DASA

In compliance with the Dignity Act, each school must have a designated trained employee that will handle human relations in the areas of race, color, weight, national origin, ethnic groups, religion, religious practices, disability, sexual orientation, gender and sex.

The School Counselor is a trained advocate through the School District and must have experience addressing and resolving such issues with in the school.