

SCHOOL DISTRICT OF THE CITY OF NIAGARA FALLS
HEALTH SERVICES

SEIZURE DISORDER - HEALTH CARE PROVIDER REFERRAL

NAME _____ DATE OF BIRTH _____

SCHOOL _____ GRADE _____

We have been informed that the above student has a seizure disorder and is currently under your care. In order that we may best provide for this child's well being while she/he is in school, we would appreciate the following information:

TO BE COMPLETED BY THE HEALTH CARE PROVIDER

Diagnosis _____

Medication/dosage _____

Student may self-carry medication to and from school and sports? YES ___ NO ___

Requires a nurse on the bus and during sporting activity to give medication? YES ___ NO ___

Last seizure _____

Frequency of seizures _____

Please see attached for the District health policy for children with seizures participating in sports and swim class.

May participate in **GYM** YES ___ NO ___ **POOL** YES ___ NO ___

SPORTS YES ___ NO ___ If yes for sports Circle all sports student may participate in:

CONTACT/COLLISION

BASKETBALL ICE HOCKEY
CHEERLEADING LACROSSE
* DIVING SOCCER
FOOTBALL WRESTLING

LIMITED CONTACT

BASEBALL
SOFTBALL
VOLLEYBALL

NON-CONTACT

**BOWLING TENNIS
**GOLF CROSS COUNTRY
SWIM TRACK (INDOOR)
TRACK & FIELD

IF RESTRICTIONS, PLEASE LIST _____

Other than emergency first aid, do you have any other instructions/comments

If no RN is available to administer Diastat/Valtoco CALL 911 immediately upon seizure activity?
YES ___ NO ___

X _____
Health Care Provider Signature Date Phone

X _____
Parent/Guardian Signature Date Phone

NFCSD Health Services: Seizure Management Guidelines for Student Participation In School and School Sponsored Activities

Most students with a history of seizures can participate in regular school activities with modifications that are determined by the parents, health care provider and school staff. School personnel should be familiar with the student’s medications and potential side effects, be able to recognize signs of seizure-related behavior, know what to do when signs are observed, and know how to implement the established school emergency plan.

SEIZURE RISK CONSIDERATION	POTENTIAL RESTRICTIONS BASED ON PROVIDER ORDERS
Very Low Risk	
No seizures >2 years on or off medication	<p>May Consider Allowing Student to participate in all activities without restriction including:</p> <ul style="list-style-type: none"> • Drive • Operate machinery • Participate in all school activities without special accommodation or restrictions, including heights, with typical adult supervision ratios determined by the school. • Ride bus without restriction or supervision
Low Risk	Restrictions as above, with the following modifications
<ul style="list-style-type: none"> • No seizure in last 12 months on or off medication • Seizures only during sleep • Seizures without loss of consciousness • Seizures without loss of body control 	<p>May Consider Allowing Student to:</p> <ul style="list-style-type: none"> • Swim with normal student to life guard ratios of no more than 15:1
Medium Risk	Restrictions as above, with the following modifications
<ul style="list-style-type: none"> • At least one seizure in the past 1 year, but fewer than 1 per month • Seizures while awake • Seizures with loss of consciousness • Seizures with loss of body control and at least one such seizure in preceding one year but less than one month. 	<p>May Consider Allowing Student to:</p> <ul style="list-style-type: none"> • Swim with certified lifeguard buddy and adult supervision in ratio of 10:1. • Lift weights with 1:1 spotter or power-lifting with 1:2 spotters • Participate in non-contact sports • May consider limited contact sports with permission of neurologist based on seizure history in past year. <p>May Consider Not Allowing Student to:</p> <ul style="list-style-type: none"> • Drive • Operate open/heavy machinery with potential for injury (i.e. table saws, etc.) unless released from the child’s neurologist and 1:1 adult supervision • Be at heights off the ground greater than the child’s own body height • Participate in archery, riflery, fencing or wrestling

NFCSD Health Services: Seizure Management Guidelines for Student Participation In School and School Sponsored Activities

SEIZURE RISK CLASSIFICATION	POTENTIAL RESTRICTIONS BASED ON PROVIDER ORDERS
High Risk	Restrictions on previous page with the following modifications Strong recommendation to involve a child neurologist if none is involved
<ul style="list-style-type: none"> • Seizures occurring 1 time per month or more frequent • Seizures while awake • Seizures with loss of body control 	<p>May Consider Requiring Student to:</p> <ul style="list-style-type: none"> • Have 1:1 monitor or LPN based on seizure frequency and duration • Participate in non-contact sports, however if far away from adult (e.g. cross country; skiing; etc., must pair with a partner who is equipped with cell phone to call for help) • Do floor work – not being at heights off the ground greater than the child’s own body height <p>May Consider Not Allowing Student to:</p> <ul style="list-style-type: none"> • Swim or swim only with 1:1 assistance with staff member in pool • Weight lifting or use heavy equipment, even with spotters • Participate in contact or collision sports or limited contact sports; Should use protective headgear during physical activity if prescribed by private provider or requested by parent and is consistent with rules of governing sports’ body
Extremely High Risk	Restrictions as above, with the following modifications
<ul style="list-style-type: none"> • Seizures occurring daily or more often • Seizures with loss of consciousness • Seizures with loss of body control 	In most cases will require 1:1 monitoring by RN or LPN under the direction of RN, including during transportation

Medical recommendations were provided by:

Dr. Margaret McBride, Dr. Cynthia Devore and Dr. Jennifer Kwon (University of Rochester Medical Center Dept. of Child Neurology) Committee on School Health and Sports Medicine for Chapter I of District II of AAP.

This information may be used as a guide for district medical directors when discussing appropriate accommodations for students with their private health care providers and developing plans for safe school participation.

