

October 2021

Niagara Falls City School District Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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				Cheeseburger WG Burger Roll Oven Fry Potatoes Chilled Fruit NYS Milk Choice
4	5	6	7	8
Mozzarella Sticks w/ Red Sauce Chef Choice Veg Chilled Fruit NYS Milk Choice	Chicken Wrap w/Lettuce Black Bn & Corn Salsa Chilled Fruit NYS Milk Choice	Cheeseburger Pasta W/G Dinner Roll Green Beans Chilled Fruit NYS Milk Choice	Pepperoni Pizza Lettuce Salad Chilled Fruit NYS Milk Choice	Nacho Cup Bag Chips Vegetarian Beans Chilled Fruit NYS Milk Choice
11	12	13	14	15
No School	Pizza Crunchers Oven Fry Potatoes Chef Choice Veg Chilled Fruit NYS Milk Choice	Wolverine Bowl Peas & Carrots Chilled Fruit NYS Milk Choice	Pepperoni Pizza Lettuce Salad Chilled Fruit NYS Milk Choice	Chicken Tenders Oven Fry Potatoes Chef Choice Veg Chilled Fruit NYS Milk Choice
18	19	20	21	22
Pizza Crunchers Chef Choice Veg Bag Chips Chilled Fruit NYS Milk Choice	Pasta W/Meat Sauce Green Beans Chilled Fruit NYS Milk Choice	Nacho Cup Bag Chips Vegetarian Beans Chilled Fruit NYS Milk Choice	Pepperoni Pizza Lettuce Salad Chilled Fruit NYS Milk Choice	Meatball Bomber Sweet Corn Chilled Fruit NYS Milk Choice

25	26	27	28	29
Cheeseburger WG Burger Roll Mixed Vegetable Chilled Fruit NYS Milk Choice	Soft Shell Taco Black Bn & Corn Salsa Chilled Fruit NYS Milk Choice	Chicken Wrap w/Lettuce Chef Choice Veg Chilled Fruit NYS Milk Choice	Pepperoni Pizza Lettuce Salad Chilled Fruit NYS Milk Choice	Beef Mac Tomato Goulash Green Beans Chilled Fruit NYS Milk Choice

Menu subject to change / all menu changes must be approved

* Milk includes NYS 1%, fat free & flavored fat free

* All bread items are whole wheat or whole grain

* Under the Community Eligibility Provision all students attending the public schools in the
 NFCSD are eligible to receive a healthy Breakfast & Lunch at school at NO Charge