

Grade: 2

Lesson Title: Underhand Toss

NYS Learning Standard: 1 and 2

Activity: Spare Change Basketball

Challenge: How much money can you make in 1 minute?

Equipment Needed

- Laundry basket or empty box
- Pair of socks (balled-up)
- Paper, pencil, timer and music (optional)

Activity Cues

- Face the target
- Step with your opposite foot towards the target (Ex -right-hand throw, step with your left foot)
- Swing your arm back to prepare (like your bowling) and release
- Follow through with your fingers pointing up to the sky

Directions

- Place a laundry basket or empty box on the floor and turn it upside down
- Set up 4 spots to toss balled-up socks into the basket
- Each spot should be a little further from the basket
- Toss a sock from any spot you choose
- Play for 1 minute and have a family member record your score (total amount of money earned)
- Add music to begin and HAVE FUN!

Scoring

- Spot 1 = Penny
- Spot 2 = Nickel
- Spot 3 = Dime
- Spot 4 = Quarter

Variations

- Change the game rules
- Increase or decrease the distance of your throws
- Use different objects to throw
- Add more spots