



Vaccine Guidelines for people who experience Side Effects

If you received the [Pfizer-BioNTech](#) vaccine, you should get your second shot 3 weeks (or 21 days) after your first.

If you received the [Moderna](#) vaccine, you should get your second shot 1 month (or 28 days) after your first.

If you received the J&J/Janssen vaccine, you only require 1 shot.

Symptoms likely to be from the Vaccine

Symptoms unlikely to be from the Vaccine

The injections site:
Pain
Swelling

Throughout the rest of your body:
Fever
Chills
Tiredness
Headache

Experiencing any of these symptoms:
Cough
Shortness of breath
Runny nose
Sore throat
Loss of taste or smell

Contact your Doctor or Health Care Provider (HCP) if the pain or swelling last greater than or increases in the next 24 hours.

Call in sick to work and contact your Doctor or HCP

This is not COVID related and you would need to take your sick time.

You should rest for at least 24 hours and follow the directions from your Doctor or HCP.

Call in sick to work, contact the Nurse Practitioners office at 286-0787 and contact your Doctor or HCP

This will be considered COVID related and you would not be charged sick days.

You will be required to provide either:

A note from your Doctor or HCP.

OR

A negative PCR or Molecular COVID test result.

Prior to your return to work.

If your symptoms resolve within 48 hours and you remain fever free without fever reducing medication you may return to work.

If your symptoms persist more than 48 hours your Doctor or HCP will need to write a note once you are well enough to return to work.